



International Life Saving Federation
Gemeenteplein 26 - 3010 Leuven - Belgium
Tel: +32 16896060 - E-mail: hq@ilsf.org - Web: www.ilsf.org

TRIONA MCMENAMIN
LIFESAVING WORLD CHAMPIONSHIPS RESULTS
INDIVIDUAL RESULTS

Championship	Event	#	Competitor
National Team Open 2012	Board Race	15	Triona MCMENAMIN - Ireland National Team (IRL)
Masters 2014	100m Manikin Carry with Fins agegroup: 30-34	9	Triona MCMENAMIN - Hibernian Masters Lifesaving Team (IRL)
Masters 2014	100m Manikin Tow with Fins agegroup: 30-34	7	Triona MCMENAMIN - Hibernian Masters Lifesaving Team (IRL)
Masters 2014	Beach Flags agegroup: 30-34	7	Triona MCMENAMIN - Hibernian Masters Lifesaving Team (IRL)
Masters 2014	Board Race agegroup: 30-34	2	Triona MCMENAMIN - Hibernian Masters Lifesaving Team (IRL)
Masters 2014	Oceanman/Oceanwoman agegroup: 30-34	2	Triona MCMENAMIN - Hibernian Masters Lifesaving Team (IRL)
Masters 2014	Surf Ski Race agegroup: 30-34	11	Triona MCMENAMIN - Hibernian Masters Lifesaving Team (IRL)
Masters 2016	Board Race agegroup: 30-34	2	Triona MCMENAMIN - Hibernian Masters Lifesaving Team (IRL)

Championship	Event	#	Competitor
Masters 2016	Oceanman/Oceanwoman agegroup: 30-34	2	Triona MCMENAMIN - Hibernian Masters Lifesaving Team (IRL)
Masters 2016	Surf Race agegroup: 30-34	6	Triona MCMENAMIN - Hibernian Masters Lifesaving Team (IRL)
Masters 2016	Surf Ski Race agegroup: 30-34	6	Triona MCMENAMIN - Hibernian Masters Lifesaving Team (IRL)
National Team Open 2010	Board Race	15	Triona MCMENAMIN - Ireland National Team (IRL)

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TRIONA MCMENAMIN
LIFESAVING WORLD CHAMPIONSHIPS RESULTS
TEAM RESULTS

Championship	Event	#	Competitors
Masters 2016	Oceanman/Oceanwoman Relay 110-129	1	Hibernian Masters Lifesaving Team (GER) Norma CAHILL, Triona MCMENAMIN, Sinead MORTELL
Masters 2016	Board Relay 110-129	1	Hibernian Masters Lifesaving Team (GER) Norma CAHILL, Triona MCMENAMIN, Sinead MORTELL
Masters 2014	Oceanman/Oceanwoman Relay 110-129	1	Hibernian Masters Lifesaving Team (IRL) Trish BRENNAN, Norma CAHILL, Triona MCMENAMIN
Masters 2014	4x50m Medley Relay 140-169	1	Hibernian Masters Lifesaving Team (IRL) Trish BRENNAN, Norma CAHILL, Triona MCMENAMIN, Sinead MORTELL
Masters 2014	Board Relay 110-129	1	Hibernian Masters Lifesaving Team (IRL) Norma CAHILL, Triona MCMENAMIN, Sinead MORTELL
Masters 2014	Board Rescue Race 30-34	1	Hibernian Masters Lifesaving Team (IRL) Trish BRENNAN, Triona MCMENAMIN

Championship	Event	#	Competitors
Masters 2016	Board Rescue Race 30-34	2	Hibernian Masters Lifesaving Team (GER) Lisa ANDERSON, Triona MCMENAMIN
Masters 2014	4x50m Obstacle Relay 140-169	3	Hibernian Masters Lifesaving Team (IRL) Norma CAHILL, Triona MCMENAMIN, Sarah MEEHAN, Sinead MORTELL
National Team Open 2014	SERC	5	Ireland National Team (IRL) Dylan BARRETT, David BUTLER, Oisín MCGRATH, Triona MCMENAMIN
National Team Open 2010	SERC	6	Ireland National Team (IRL) David BUTLER, Colm FITZGERALD, Oisín MCGRATH, Triona MCMENAMIN
National Team Open 2012	SERC	7	Ireland National Team (IRL) Colm FITZGERALD, Oisín MCGRATH, Triona MCMENAMIN, John MORTON
National Team Open 2014	Line Throw	9	Ireland National Team (IRL) Triona MCMENAMIN, Ruth O'GARA
National Team Open 2010	Board Rescue Race	11	Ireland National Team (IRL) Grace DOYLE, Triona MCMENAMIN
National Team Open 2014	Board Rescue Race	12	Ireland National Team (IRL) Triona MCMENAMIN, Ruth O'GARA
National Team Open 2012	Line Throw	13	Ireland National Team (IRL) Patricia BRENNAN, Hsun Wen LIN, Triona MCMENAMIN, Wei Ting WANG, Poh Thong YAM, Mun Xin Mandy YEAP
National Team Open 2010	Oceanman/Oceanwoman Relay	13	Ireland National Team (IRL) Patricia BRENNAN, Sarah ENGLISH, Triona MCMENAMIN, Maria TREACY

Championship	Event	#	Competitors
National Team Open 2012	Board Rescue Race	13	Ireland National Team (IRL) Tahlia BRITTON, Triona MCMENAMIN
National Team Open 2012	Oceanman/Oceanwoman Relay	14	Ireland National Team (IRL) Patricia BRENNAN, Tahlia BRITTON, Norma CAHILL, Triona MCMENAMIN
National Team Open 2014	Oceanman/Oceanwoman Relay	15	Ireland National Team (IRL) Tahlia BRITTON, Triona MCMENAMIN, Sarah PATTON, Ciara SEXTON
National Team Open 2012	Rescue Tube Rescue	15	Ireland National Team (IRL) Patricia BRENNAN, Tahlia BRITTON, Sarah ENGLISH, Triona MCMENAMIN
National Team Open 2010	4x25m Manikin Relay	16	Ireland National Team (IRL) Patricia BRENNAN, Sarah ENGLISH, Siobhan MCGRATH, Triona MCMENAMIN
National Team Open 2010	Line Throw	16	Ireland National Team (IRL) Patricia BRENNAN, Triona MCMENAMIN

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