



International Life Saving Federation
Gemeenteplein 26 - 3010 Leuven - Belgium
Tel: +32 16896060 - E-mail: hq@ilsf.org - Web: www.ilsf.org

SIMONA POGNANT
LIFESAVING WORLD CHAMPIONSHIPS RESULTS
INDIVIDUAL RESULTS

Championship	Event	#	Competitor
Masters 2004	100m Manikin Carry with Fins agegroup: 30-34	2	Simona POGNANT - GS VVF Torino G Salza-Ona (ITA)
Masters 2004	2km Beach Run agegroup: 30-34	5	Simona POGNANT - GS VVF Torino G Salza-Ona (ITA)
Masters 2004	Beach Sprint agegroup: 30-34	8	Simona POGNANT - GS VVF Torino G Salza-Ona (ITA)
Masters 2008	100m Manikin Tow with Fins agegroup: 35-39	2	Simona POGNANT - Vigili del Fuoco Torino (ITA)
Masters 2012	100m Manikin Carry with Fins agegroup: 40-44	2	Simona POGNANT - Vigili del Fuoco Grosseto (ITA)
Masters 2012	100m Manikin Tow with Fins agegroup: 40-44	3	Simona POGNANT - Vigili del Fuoco Grosseto (ITA)
Masters 2012	2km Beach Run agegroup: 40-44	10	Simona POGNANT - Vigili del Fuoco Grosseto (ITA)
Masters 2012	50m Manikin Carry agegroup: 40-44	5	Simona POGNANT - Vigili del Fuoco Grosseto (ITA)
Masters 2014	100m Manikin Carry with Fins agegroup: 40-44	2	Simona POGNANT - Vigili del Fuoco Grosseto (ITA)

Championship	Event	#	Competitor
Masters 2014	100m Manikin Tow with Fins agegroup: 40-44	3	Simona POGNANT - Vigili del Fuoco Grosseto (ITA)
Masters 2014	50m Manikin Carry agegroup: 40-44	9	Simona POGNANT - Vigili del Fuoco Grosseto (ITA)
Masters 2014	Board Race agegroup: 40-44	11	Simona POGNANT - Vigili del Fuoco Grosseto (ITA)
Masters 2016	100m Manikin Carry with Fins agegroup: 40-44	6	Simona POGNANT - Vigili del Fuoco Grosseto (ITA)
Masters 2016	50m Manikin Carry agegroup: 40-44	13	Simona POGNANT - Vigili del Fuoco Grosseto (ITA)
Masters 2016	Beach Flags agegroup: 40-44	4	Simona POGNANT - Vigili del Fuoco Grosseto (ITA)
Masters 2016	Board Race agegroup: 40-44	7	Simona POGNANT - Vigili del Fuoco Grosseto (ITA)
Masters 2018	100m Manikin Carry with Fins agegroup: 45-49	4	Simona POGNANT - Vigili del Fuoco Grosseto (ITA)
Masters 2018	100m Manikin Tow with Fins agegroup: 45-49	5	Simona POGNANT - Vigili del Fuoco Grosseto (ITA)
Masters 2018	50m Manikin Carry agegroup: 45-49	10	Simona POGNANT - Vigili del Fuoco Grosseto (ITA)
Masters 2018	Board Race agegroup: 45-49	14	Simona POGNANT - Vigili del Fuoco Grosseto (ITA)
Masters 2018	Surf Race agegroup: 45-49	15	Simona POGNANT - Vigili del Fuoco Grosseto (ITA)
Masters 2010	100m Manikin Carry with Fins agegroup: 35-39	3	Simona POGNANT - Vigili del Fuoco Torino (ITA)

Championship	Event	#	Competitor
Masters 2010	100m Manikin Tow with Fins agegroup: 35-39	1	Simona POGNANT - Vigili del Fuoco Torino (ITA)
Masters 2010	2km Beach Run agegroup: 35-39	4	Simona POGNANT - Vigili del Fuoco Torino (ITA)
Masters 2010	50m Manikin Carry agegroup: 35-39	6	Simona POGNANT - Vigili del Fuoco Torino (ITA)
Masters 2010	Beach Flags agegroup: 35-39	5	Simona POGNANT - Vigili del Fuoco Torino (ITA)
Masters 2010	Beach Sprint agegroup: 35-39	7	Simona POGNANT - Vigili del Fuoco Torino (ITA)
Masters 2010	Board Race agegroup: 35-39	4	Simona POGNANT - Vigili del Fuoco Torino (ITA)

DISCLAIMER: These are sports results as retrieved on 25 Jun 2022 and are subject to change due to corrections.

If you think the displayed result is incorrectly presented, please raise a flag at [The ILS Lifesaving Sport Website](#).



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SIMONA POGNANT
LIFESAVING WORLD CHAMPIONSHIPS RESULTS
TEAM RESULTS

Championship	Event	#	Competitors
Masters 2004	Board Rescue Race 30-34	1	GS VVF Torino G Salza-Ona (ITA) Francesca GENERO, Simona POGNANT

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