



International Life Saving Federation
Gemeenteplein 26 - 3010 Leuven - Belgium
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SARAH HENDERSON
LIFESAVING WORLD CHAMPIONSHIPS RESULTS
INDIVIDUAL RESULTS

Championship	Event	#	Competitor
National Team Open 2012	100m Manikin Carry with Fins	14	Sarah HENDERSON - Great Britain National Team (GBR)
National Team Open 2012	100m Manikin Tow with Fins	15	Sarah HENDERSON - Great Britain National Team (GBR)
National Team Open 2012	200m Super Lifesaver	14	Sarah HENDERSON - Great Britain National Team (GBR)

DISCLAIMER: These are sports results as retrieved on 28 May 2023 and are subject to change due to corrections.

If you think the displayed result is incorrectly presented, please raise a flag at The ILS Lifesaving Sport Website.



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SARAH HENDERSON
LIFESAVING WORLD CHAMPIONSHIPS RESULTS
TEAM RESULTS

Championship	Event	#	Competitors
National Team Open 2012	SERC	5	Great Britain National Team (GBR) Sarah HENDERSON, Andrew KANE, Ellie PARKER, Simon WORNE
National Team Open 2010	Line Throw	6	Great Britain National Team (GBR) Lana EVANS, Sarah HENDERSON
National Team Open 2014	4x25m Manikin Relay	10	Great Britain National Team (GBR) Devon AMOS, Sarah HENDERSON, Lily NICHOLS, Zara WILLIAMS
National Team Open 2012	Rescue Tube Rescue	11	Great Britain National Team (GBR) Jenna FERRIS, Sarah HENDERSON, Ellie PARKER, Rhian THOMAS
National Team Open 2014	4x50m Medley Relay	12	Great Britain National Team (GBR) Devon AMOS, Sarah HENDERSON, Lily NICHOLS, Zara WILLIAMS
National Team Open 2014	4x50m Obstacle Relay	12	Great Britain National Team (GBR) Devon AMOS, Sarah HENDERSON, Lily NICHOLS, Zara WILLIAMS
National Team Open 2014	Rescue Tube Rescue	12	Great Britain National Team (GBR) Devon AMOS, Sarah HENDERSON, Lily NICHOLS, Zara WILLIAMS
National Team Open 2010	SERC	12	Great Britain National Team (GBR) Jo DEVINE, Lana EVANS, Sarah HENDERSON, Simon WORNE

Championship	Event	#	Competitors
National Team Open 2012	4x25m Manikin Relay	14	Great Britain National Team (GBR) Sarah HENDERSON, Ellie PARKER, Rhian THOMAS, Zara WILLIAMS
National Team Open 2012	4x50m Medley Relay	14	Great Britain National Team (GBR) Sarah HENDERSON, Ellie PARKER, Rhian THOMAS, Zara WILLIAMS
National Team Open 2014	Beach Relay	14	Great Britain National Team (GBR) Devon AMOS, Emily CORIN, Sarah HENDERSON, Mali JAMES
National Team Open 2014	SERC	14	Great Britain National Team (GBR) George HAYNES, Sarah HENDERSON, Lewis ROSEWELL, Simon WORNE
National Team Open 2010	Rescue Tube Rescue	14	Great Britain National Team (GBR) Jo DEVINE, Lana EVANS, Sarah HENDERSON, Sarah ROWE
National Team Open 2012	4x50m Obstacle Relay	16	Great Britain National Team (GBR) Sarah HENDERSON, Ellie PARKER, Rhian THOMAS, Zara WILLIAMS
National Team Open 2012	Line Throw	16	Great Britain National Team (GBR) Sarah HENDERSON, Ellie PARKER
National Team Open 2010	4x50m Obstacle Relay	16	Great Britain National Team (GBR) Lana EVANS, Sarah HENDERSON, Ellie PARKER, Sarah ROWE

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