



International Life Saving Federation
Gemeenteplein 26 - 3010 Leuven - Belgium
Tel: +32 16896060 - E-mail: hq@ilsf.org - Web: www.ilsf.org

FRANK HOLE
LIFESAVING WORLD CHAMPIONSHIPS RESULTS
INDIVIDUAL RESULTS

Championship	Event	#	Competitor
Masters 2008	100m Manikin Carry with Fins agegroup: 40-44	8	Frank HOLE - Remagen (GER)
Masters 2008	200m Obstacle Swim agegroup: 40-44	5	Frank HOLE - Remagen (GER)
Masters 2008	50m Manikin Carry agegroup: 40-44	7	Frank HOLE - Remagen (GER)
Masters 2008	Surf Race agegroup: 40-44	6	Frank HOLE - Remagen (GER)
Masters 2016	200m Obstacle Swim agegroup: 50-54	2	Frank HOLE - Ingolstadt (GER)
Masters 2016	Surf Race agegroup: 50-54	4	Frank HOLE - Ingolstadt (GER)

DISCLAIMER: These are sports results as retrieved on 04 Jun 2023 and are subject to change due to corrections.

If you think the displayed result is incorrectly presented, please raise a flag at The ILS Lifesaving Sport Website.



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TEAM RESULTS

Championship	Event	#	Competitors
Masters 2008	Board Rescue Race 30-34	1	Remagen (GER) Dr. Burkhard HOLE, Frank HOLE
Masters 2008	4x50m Obstacle Relay 170-199	2	Remagen (GER) Christoph GRUNDHEBER, Dr. Burkhard HOLE, Dr. Gerhard HOLE, Frank HOLE
Masters 2016	4x50m Medley Relay 230+	2	Ingolstadt (GER) Michael DAMBACHER, Christoph GRUNDHEBER, Frank HOLE, Hans-Joachim SENFTLEBEN
Masters 2008	Surf Teams Race 130-149	3	Remagen (GER) Dr. Burkhard HOLE, Dr. Gerhard HOLE, Frank HOLE
Masters 2016	4x50m Obstacle Relay 230+	3	Ingolstadt (GER) Michael DAMBACHER, Frank HOLE, Wolfgang PAETSCH, Hans- Joachim SENFTLEBEN
Masters 2016	Surf Teams Race 130-149	3	Ingolstadt (GER) Michael DAMBACHER, Christoph GRUNDHEBER, Frank HOLE
Masters 2008	Oceanman/Oceanwoman Relay 110-129	4	Remagen (GER) Christoph GRUNDHEBER, Dr. Burkhard HOLE, Frank HOLE

Championship	Event	#	Competitors
Masters 2016	4x25m Manikin Relay 230+	4	Ingolstadt (GER) Eckehard GEBAUER, Christoph GRUNDHEBER, Frank HOLE, Wolfgang PAETSCH
Masters 2008	Line Throw 30-34	6	Remagen (GER) Dr. Burkhard HOLE, Frank HOLE
Masters 2016	Oceanman/Oceanwoman Relay 130-149	9	Ingolstadt (GER) Michael DAMBACHER, Christoph GRUNDHEBER, Frank HOLE
Masters 2016	Board Relay 130-149	12	Ingolstadt (GER) Michael DAMBACHER, Christoph GRUNDHEBER, Frank HOLE

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